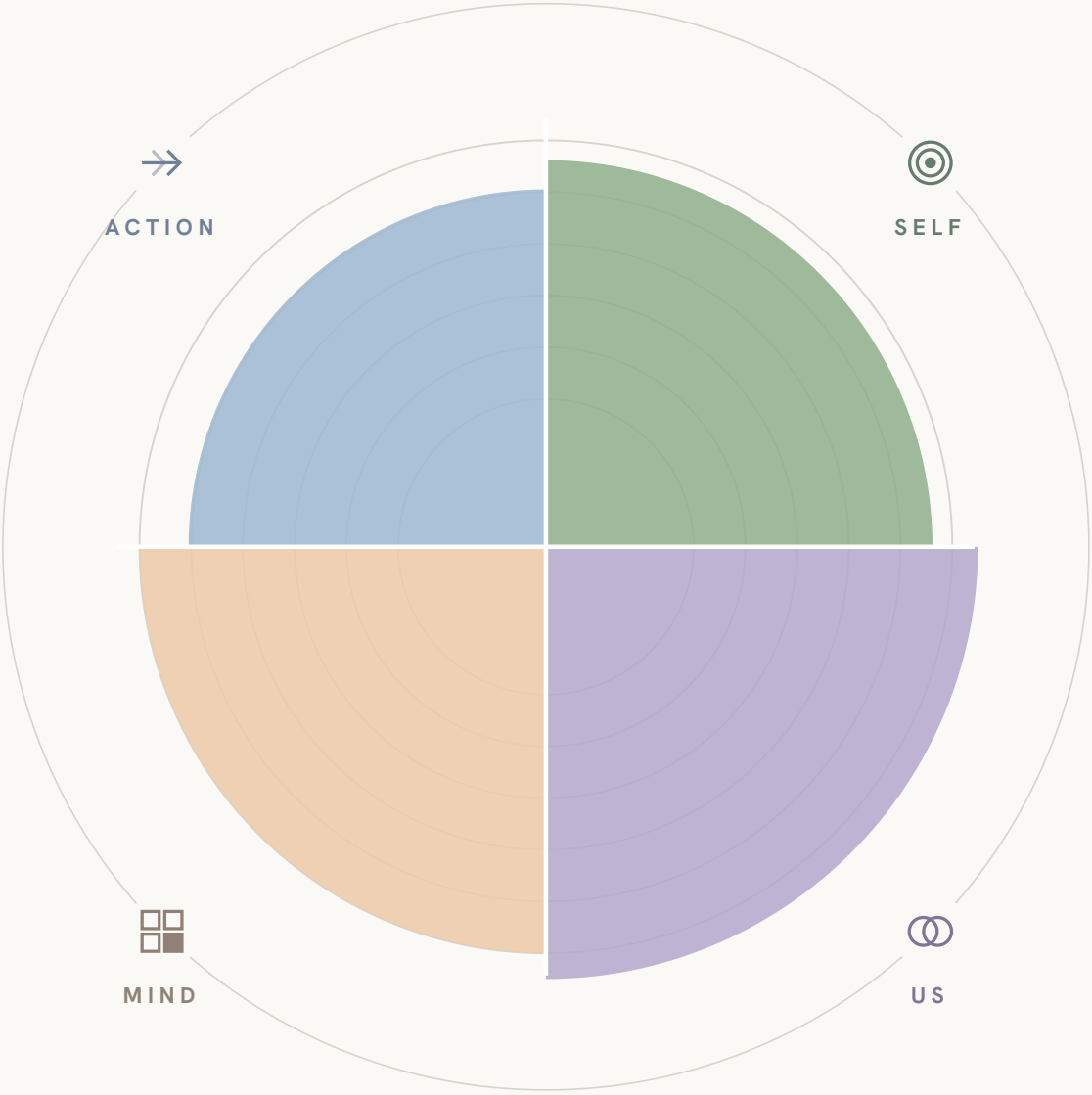
MOSAIC EQUILIBRIUM



Your way of finding balance

A reading of your answers across four domains and twelve competencies — as an invitation to reflect.

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MOSAIC · MAGNUS MIND

BEFORE YOU BEGIN

01

About this report

To create this snapshot, Mosaic Equilibrium uses your responses to thirty-six everyday situations. Your answers are grouped into twelve competencies that describe how you say you relate to yourself, other people, your own thinking, and your routine.

You can use this reading to begin reflecting on your responses. The report brings together the tendencies with greater presence, points to room for development, and describes how those tendencies combine in everyday situations.

The map groups competencies into four quadrants. In SELF, the focus is your relationship with your state and needs. US looks at communication, negotiation, and how you rely on other people. MIND describes how you interpret situations, adjust expectations, and choose priorities. ACTION covers the practical organization of activity volume, routines, and pace.

By looking at your tendencies, you may notice choices made on autopilot and bring more awareness to your decisions.

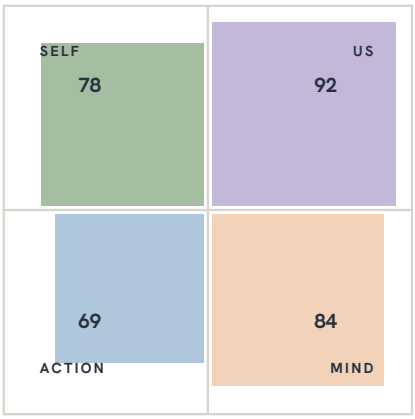
You will see scores from zero to one hundred, reflecting the intensity of your recognition in each situation. Your personal average, the average of your twelve scores, is the reference for each competency. Being below it means only that a competency appears with less presence than the others in your profile.

What you find here is a description of what your responses indicate right now, without judgments about you or permanent definitions. The report is not a clinical, psychological, or medical assessment.

INTEGRATED VIEW

02

Your portrait by quadrant



SELF	78/100	
US	92/100	
MIND	84/100	
ACTION	69/100	

Your personal average: **80.6**

In your overall picture, two areas appear above your personal average, while the other two sit at or below that reference. Compared with your personal average, the largest upward gap appears in US, and the largest downward gap appears in ACTION. When the report compares areas, the reference is your own overall picture, not an absolute measure of much or little.

SELF

There is only a small gap between the SELF quadrant and your personal average, with SELF slightly below. In this quadrant, Self-perception appears above your personal average, Respecting limits stays close to it, and Conscious self-care falls below. In your portrait, attention to your current state and everyday needs falls in a range close to your personal average.

US

Compared with your personal average, you find the US quadrant above that reference. In this quadrant, Communicating needs and Reciprocity appear above your personal average, while Support network stays close to it. Your approach to everyday conversations, negotiating commitments, and seeking support from others has an above-average presence in your portrait, relative to your own average.

MIND

In your portrait, the MIND quadrant appears slightly above your personal average, still close to it. In this quadrant, Thinking flexibility and Clarity of priorities appear above your personal average, while Managing expectations falls below it. How you interpret a change of plans, adjust expectations, and choose priorities appears close to your personal average in your portrait.

ACTION

In ACTION, the quadrant falls below your personal average. Close to your own average are Managing demands and Adapting routines; below that reference point is the competency Sustainable pace. In your portrait, arranging what fits into the day, organizing routines, and setting a pace takes up less space compared with your personal average.

In your portrait, communicating, negotiating requests, and relying on other people appears more than organizing commitments, routines, and your daily pace. Next, you'll see the main highlights, followed by areas with more room to develop, and then how they all come together in your routine.